

Paper-XI Theories of Personality (Optional)

Main Objectives :

- To familiarize students with different psychologist point of view regarding human behaviour.
- To provide students a perspective on theories of personality.
- Acquaint students to build up dynamic personality.

The Scheme of question paper :

- The paper will consist of Five Units.
- There will be two chapters in each Unit.
- Every chapter in the Unit should be given equal weightage in examination.
- Total Marks : 100
 70 External Examination
 30 Internal Examination
- Duration of Examination : 3 Hours
- The Paper will consist of the following five units :

Units	Topic of Unit	Marks of Unit
1	Introduction To Personality Theory And Freud's Theory of Personality	14
2	Sullivans Theory Of Personality And Murry's Theory of Personality	14
3	Carl Roger's Theory Of Personality And Maslow's Theory of Personality	14
4	Alloport's Theory Of Personality And Lewin's Theory of Personality	14
5	Moreno's Theory Of Personality And Eysenck's Theory of Personality	14
	Total Marks	70

Unit-I Introduction to Personality Theory and Freud's Theory of Personality

Chapter-1 Introduction to Personality Theory

- What Is Personality?
- Definition of Personality
- Approaches of Personality Study
- Requirement of Personality Theory
- Classification of Personality Theory
- Specialization of Personality Theory

Chapter-2 Freud's Theory of Personality

- Factors of Personality
- Nature of Personality
- Stages of Personality Development
- Ego-Defense Mechanism
- Factors Affecting on Personality Nature
- Evaluation of Freud's Theory of Personality

Unit-II Sullivans Theory of Personality And Murry's Theory of

Personality

Chapter-3 Sullivans Theory of Personality

- The Basic Concepts Of Sullivan’s Theory of Personality
- Self Concept And Psychoneurosis And Psychoses
- Evaluation of Sullivan’s Theory of Personality

Chapter-4 Murry’s Theory of Personality

- The Basic Concepts of Murry’s Theory of Personality
- Evaluation of Murry’s Theory of Personality

Unit-III Carl Roger’s Theory of Personality and Maslow’s Theory of Personality

Chapter-5 Carl Roger’s Theory of Personality

- The Basic Concepts of Carl Roger’s Theory of Personality
- Points of personality theory
- Non-Directive psychotherapy
- Evaluation of Carl Roger’s Theory of Personality

Chapter-6 Maslow’s Theory of Personality

- The Basic Concepts of Maslow’s Theory of Personality
- Characteristics of Self-Actualized person
- Evaluation of Maslow’s Theory of Personality

Unit-IV Alloport’s Theory of Personality and Lewin’s Theory of Personality

Chapter-7 Alloport’s Theory of Personality

- Definition of Personality
- The Basic Concepts of Allport’s Theory of Personality
- Evaluation of Allport’s Theory of Personality

Chapter-8 Lewin’s Theory of Personality

- The Basic Concepts of Lewin’s Theory of Personality
- Short outline of Lewin’s Theory of Personality
- Evaluation of Lewin’s Theory of Personality

Unit-V Moreno’s Theory of Personality and Eysenck’s Theory of Personality

Chapter-9 Moreno’s Theory of Personality

- The Basic Concepts of Moreno’s Theory of Personality
- Evaluation of Moreno’s Theory of Personality

Chapter-10 Eysenck’s Theory of Personality

- The Basic Concepts of Eysenck’s Theory of Personality
- Eysenck’s Theory of learning
- Factor Analysis method
- Evaluation of Eysenck’s Theory of Personality

Basic Books:

1. Hjelle L.A. and Zeigle D. J. (1991) “Personality Theories” : Basic Assumptions, Research and Application 2nd Edition, International Student Edition McGraw Hill International Book Co.
2. Hall C.S. and Lindzey G. (1978) “Theories of Personality” 3rd Edition New York, J. Wiley & Sons.
3. Dr. kusumben K. Bhatt, “VYAKTITVA NA SIDDHANTO” 2ND Edition 1996, University Granth Nirman Board, Ahmedabad.