

Unit: II Parental Development, Birth, and the Newborn Baby and Physical Development in Infancy and Toddlerhood

Chapter-3 Parental Development, Birth, and the Newborn Baby

- Prenatal Development
- Prenatal Environmental Influences
 - o Other Maternal Factors
- Child Birth
 - o The Stages Of Childbirth
 - o The Babies Adaptations To Labor And Delivery
 - o The Newborn Babies Appearance
- Approaches To Childbirth
- Medical Interventions

Chapter-4 Physical Development in Infancy and Toddlerhood

- Body Growth
- Brain Development
 - o Development Of Neurons
 - o Development Of The Cerebral Cortex
 - o Changing Status Of Arousal
- Influences On Early Physical Growth
- Learning Capacities

Unit: III Cognitive Development in Infancy and Toddlerhood And Emotional And Social Development in Early Childhood

Chapter-5 Cognitive Development in Infancy and Toddlerhood

- Piaget's Cognitive-Developmental Theory
 - o Piaget's Ideas About Cognitive Change
 - o The Sensorimotor Stage
- Information Processing
 - o Structure Of The Information-Processing System
 - o Attention
 - o Memory
 - o Categorization
- Language Development
 - o Three Theories Of Language Development
 - o Getting Ready To Talk
 - o First Word
 - o The Two Words Utterance Phase
 - o Supporting Early Language Development

Chapter-6 Emotional and Social Development in Early Childhood

- Self-Understanding
 - o Foundations Of Self-Concept
 - o Emergence Of Self-Esteem
- Emotional Development
- Peer Relations
- Gender Typing
 - o Gender-Stereotyped Beliefs And Behavior
 - o Genetic Influences On Gender Typing
 - o Environmental Influences On Gender Typing Gender Identity
 - o Reducing Gender Stereotyping In Young Children
- Child Rearing Styles

Unit: IV Emotional and Social Development in Middle Childhood and Physical and Cognitive Development in Adolescence

Chapter-7 Emotional and Social Development in Middle Childhood

- Self-Understanding
- Emotional Development
- Peer Relations
- Gender Typing

Chapter-8 Physical and Cognitive Development in Adolescence

- Puberty: The Physical Transition To Adulthood
- The Psychological Impact Of Pubertal Events
- Health Issues
 - o Nutritional Needs
 - o Eating Disorders
 - o Sexual Activity
- Consequences Of Abstract Thought

Unit: V Physical and Cognitive Development in Early Adulthood And Emotional and Social Development in Late Adulthood

Chapter-9 Physical and Cognitive Development in Early Adulthood

- Biological Aging Begins In Early Adulthood
- Physical Changes
- Health And Fitness
 - o Nutrition
 - o Exercise
- Changes In The Structure Of Thought
- **Chapter-10 Emotional and Socng**
 - o Control Verses Dependency
 - o Health
 - o Negative Life Changes
 - o Social Support And Social Interaction
- A Changing Social World
 - o Social Theories Of Ageing
- Relationships In Late Adulthood
 - o Marriage
 - o Widowhood
 - o Relationships With Adult Children
 - o Alder Maltreatment
- Retirement And Leisure

Basic Book:

1. Laura E. Berk, (2007) Development through the lifespan, Third Ed. Pearson Education, Inc. Kindersley, publishing, Inc.