# MSW-115 METHOD OF SOCIAL WORK II

## [WORKING WITH GROUPS (SOCIAL GROUP WORK)]

## Learner Objectives :

- 1. Understand the place of group work in social work intervention
- 2. Understand group work as an instrument of change/development in individual in groups
- 3. Understand use of programme as a tool for group development
- 4. Develop skills to work with different stages and record the process
- 5. Understand relevance of group in different set up
- 1. Understanding Concepts of Social Group Work
  - Concept of group and its importance of groups in human life cycle.
  - Definition of social group work
  - Characteristics of social group work
  - History and development of social group work

## 2. Social Group Work Method

- Theories applicable to group work practice
- Values and distinctive principles of Group Work
- Social group work in different fields
- Types of groups in social group work practice- open and closed groups; social
- treatment groups (Re-socialization, groups, therapeutic groups, T-groups); task
- oriented groups (forum, committees and work team); developmental groups ( self
- help groups and support groups )

#### 3. Group work Processes

- Steps in group formation
- Stages in group development :- pre-group stage, orientation stage, problem
- solving stage, termination stage.
- Role of social worker in different stages of group development.

#### 4. Use of Programme in Social Group Work

- Concept of programme
- Principles of programme planning
- Importance of programme in group work practice
- Programme planning and implementation

#### 5. Skills of Social Group Worker

- For group development
- For programme planning
- For programme implementation

## 6. Understand the individual in group and group as a totality

#### 7. Group process and dynamics

- Steps in understanding group process
- Analysis of group interaction
- Leadership and its development in group process
- Communication in group
- Group dynamics: group bond, sub-groups, group conflict, confrontation, apathy and group control

## 8. Use of techniques and Tools in Group Work

- Use of relationship
- Conflict resolution
- Verbal and non-verbal communication
- Purposeful creation of environment
- Fishbowe technique

#### 9. Recording in Group Work

- Importance of recording in group work
- Principles of recording

- Types of recording- narrative, process and summary
- Techniques of recording -observation, sociogram, interaction diagrams.
- Bales categories of interaction process analysis

#### 10. Evaluation of Group Work

- Importance of continuous evaluation in group work
- Types of evaluation
- Methods of evaluation

### Bibliography

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