

MSW-114 METHOD OF SOCIAL WORK I

[WORKING WITH INDIVIDUALS (SOCIAL CASE WORK)]

Work with Individuals and Families (Social Casework)

Learner Objectives :

1. To understand the case work method and its application in practice
2. To equip learners with theoretical knowledge for work with individuals and families
3. To develop competencies in learners to use the method in practice while working with individual clients and families.
4. To equip learners with values and skills necessary for working with individuals and families.

Topics :

1. History and Development of Social Casework in U.K., U.S.A and India:

The Almoners, Jane Addams, Ida Canon, Lydia Rappaport, Mary Richmond, Florence Hollis, H.H. Perlman.

2. Social Casework as a Method of Social Work

- i. Concept and Definitions
- ii. Components of casework (Perlman's model)
 - a. Person- client, significant others and collaterals
 - b. Problem- need, impaired social functioning
 - c. Place- agency, objectives, functions, policies and resources.
 - d. Process- casework intervention

3. Principles of Social Casework Practice

- i. Begin where the client is.
- ii. Individualization
- iii. Purposeful expression of feelings
- iv. Controlled emotional involvement
- v. Acceptance
- vi. Non-judgemental attitude
- vii. Client self determination
- viii. Confidentiality

4. Tools of Working With Individuals and Families

- i. Intake-record/sheet and the intake interview (client engagement)
- ii. Casework interview
- iii. Home visit- collateral contacts.
- iv. Recording and its types - narrative, process, problem oriented record keeping (PORK) Subjective -objective assessment plan (SOAP),
Use of case work records as tool of intervention.
- v. Case worker -client relationship
- vi. Knowledge of resources (networking)
- vii. Communication - verbal , non-verbal, eye contact, body language.
- viii. Case presentation as tool of professional development.

5. The process of intervention with client system and target system

- a. Study
- b. Continuous assessment and analysis
- c. Psycho-social diagnosis
- d. Intervention
- e. Follow-up
- f. Termination
- g. Case presentation based on field work practice

6. Essentials of Working with Individuals and Families

- a. Skills for working with individuals and families
- b. Techniques for working with individuals and families
- c. Qualities in the caseworker

7. Models of Casework Practice

- a. Social diagnostic (Richmond)
- b. Supportive and modificatory (Hamilton)
- c. Problem solving (Perlman)
- d. Crisis intervention (Rappaport)
- e. Classified treatment method (Florence Hollies)
- f. Competence based approach (Elleen Grabrill)

8. Scope of Casework in Practice

- i. Working with individuals and families in primary and secondary settings
- ii. Social casework & counselling - similarities and differences
- iii. Limitations of the method

Bibliography

Work with Individuals and Families (Case Work)

Recommended Readings :

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