

M.PHIL. (Ed.) E.P.206: ADVANCED COUNSELLING

Objectives

1. To enable the students to understand the process of counselling and System of Counselling.
2. To enable the students to understand various approaches to counselling.
3. To enable the students acquiring certain prerequisites skills as a professional counsellor.

Unit-I

(A) Counselling in a Dynamic Society

- The transmission of Knowledge
- Education and the status of women
- Encouraging creative behaviour
- Education and the family group
- Problems for the profession
- A Point of view for Counsellors and Counselling.
- Counselling and Improved Education
- Counsellor Education

(B) Systems of Counselling

- The role of the counselor
- The role of the counselee
- Counselling systems
- Considerations for the counselor

Unit-II

(A) Approaches to Counselling

- The directive or authoritarian approach
- Relevance of Psychoanalysis to counselling
- Humanistic Approach
- Behaviouristic approach to counselling
- The existential point of view
- The Minnesota point of view
- The Electric approach

(B) Counselling in the Educational setting

- Educational Counselling
- Vocational Counselling

Unit-III

Special Areas in Counselling

- Family Group consultation
- Counselling Families
- Counselling with families concerning children
- Counselling with parents

- Counselling the delinquent
- Counselling reluctant clients
- Marriage Counselling
- Pre marital Counselling
- Counselling Women

Unit- IV Professional Preparations and Modern trends in Counselling

- Counsellor Preparation and professional issues
- Academic Preparation
- Practical Skills
- Ethical Standards
- Legal Considerations
- Important issues
(The counsellor prerequisites specialists or general counsellors)
- Counselling and Psychotherapy
- Trends in counselling
- Role of Counsellor
- Career Guidance
- The three dimensional model of Counselling
- Values in Counselling

References

- 1) Counselling Psychology S. Narayana Rao Tata McGrawHill Pub. Com. Ltd., New Delhi
- 2) Counselling : Content and Process, Fullmer and Bernard Thomson Press (India) Ltd., New Delhi
- 3) Quereshi Hasnain : (2004) Educational Counselling, New Delhi, Anmol Publications Pvt. Ltd.
- 4) Jha Premkumar : (2005) Technical and Vocational Education in a Globalised world : Delhi, Vista International Publishing House.