

INTER DISCIPLINARY COURSE – 207 SOCIOLOGY OF AGING

Course Outline

Unit-I

Concept of Aging:

- Biological & Physiological, Social and Psychological Aging
- Myths and Facts about Old Age
- Demographic Dimensions of the Elderly

Unit-II

Sociological Perspectives of Aging

Micro-Perspectives:

- Role Theory (Aging and the Individual),
- Activity Theory,
- Disengagement Theory,

Macro Perspectives:

- Modernization Theory,
- Age Stratification Theory,
- Political Economy Theory

Unit-III

Society, Family and Aging:

- Status of the Aged in the Family -Urban and Rural Settings.
- Neglect and Abuse of Elderly in Family.
- Aged in Different Societies- Tribal, Traditional, and Modern.
- Status and Treatment which they get in Traditional Hindu Society.

Unit-IV

Problems of aged and Rehabilitation:

- Economic, Social, Physical and Psychological Problems.
- Emerging Factors Responsible for Aggravating Problems of the Aged.
- Strategies for Coping with the Problems of the Aged, Social Security Schemes and other Developmental Programmes.

Recommended Books :

1. Bose, A. & Gangrade, K.D. eds. (1988) *Aging in India*, New Delhi: O.U.P.
2. Bhatia, H.S. (1983) *Aging and Society*, Udaipur: Aryan Publishers.
3. Dandekar, Kumudini (1996) *The Elderly in India*, New Delhi: Sage Pub. Pvt.Ltd.
4. Desai, Murli & Siva Raju (2000) *Gerontological Social Work in India: Some issues & Perspectives*, New Delhi: B.R. Pub Corp.
5. Donald , Cowgill (1972) *Aging & Modernization*, New York: Meredith Corp.
6. Sharma, M.L.; and Dak, M. K. (1987) *Aging in India*, Delhi: Ajanta Pub.
7. Wilson, Gail (2000) *Understanding Old Age: Critical and Global Perspectives* , New Delhi, Sage Pub.