

INTER DISCIPLINARY COURSE - 107

FAMILY WELFARE & COUNSELLING

- UNIT - I FAMILY : Characteristics of family, Importance of family, Functions of family, Family disorganization, Theroretical approaches to family -Functional Approach-Parsons, Marxist approach
- UNIT - II TYPES OF FAMILY : Nuclear family, Joint family, Extended family, Break down of Joint family, Charges in family system, Unit of Production, Industrial family, female headed family, Post industrial-home based,
- UNIT III Marital Disharmony : Causes and remedies, Family Tension, Working mothers, Domestic violence, Breakdown of Marriage. Changing Family patterns, Equal Status of Women, Joint Mate Selection, and weakening of family norms.
- UNIT IV Women, Law and Family . Family Courts, Legal Aid Programmes, Marital Disputes and Counselling, Women Rights, Empowerment of Women, Laws of Marriage, Divorce, Inheritance, Succession and Adoption.
- UNIT V Counselling : Nature, Scope, Functions And Needs. Counselling Approaches, Cognitive, Behaviorist, Psychodynamic and Transpersonal. Techniques of counselling . future of guidance and counselling.

Recommended Books :

- Goode.William.J. The Family, Prentice Hall of India, New Delhi, 1989.
- Ahuja, Indian Social system, Rawat publications,Jaipur, 1994.
- Kapadia, Marriage and Family in India, Oxford press, Delhi, 1988.
- Rodger, Family life and social control, A sociological perspective, Macmillan press, 1996.
- Sharma, A.S. Counselling Psychology, Common Wealth Publications, New Delhi, 1997.
- Desai, Tripta, Women in India, Munshiram Manoharll Pvt.Ltd, New Delhi,1997.
- Prabhu, Pandharinath, H. Hindu Social Organisation, Popular Prakashan, Bombay,2000.
- Manju Goel, Nirmala Sherjung, Marital Disputes and Counselling- Counselling Methodology, Vol.I, APH Publishing corporation, New Delhi,1997.
- Mamta Sehgal and Nirmala Sherjung, Marital Disputes and Counselling -Diagnostic Techniques,Vol.II, APH Publishing Corporation, New Delhi, 1997.
- Mamta Sehgal and Nirmala Sherjung, Marital Disputes and Counselling -Diagnostic Techniques, Vol.III, APH, Publishing Corporation, New Delhi, 1997.