

Paper –403 Psycho Therapeutic (Clinical) Psychology

1. Main Objectives : (Optional Paper)

- This Paper focuses on the contribution of different theoretical approaches to psychopathology to the area of clinical and community interventions and aims.
- To Train students in different approaches to counselling and psychotherapy
- To provide knowledge of clinical aspect of Psychology
- To provide information regarding advance research in this area.

2. The Scheme of question paper:

1. The paper will consist four units:
2. Each Unit Should be given equal weight age in examination
3. Total Marks are: 100.

70: External Examination

30: Internal evaluation

(Duration of examination : 3 hours)

Unit – 1 Assessment : Integration and Clinical Decision Making and Prevention

Integrating Assessment Data

Threats to the Validity of Assessments and Case Formulations

Psychological Assessment Reports and treatment Plans

Approaches to Prevention

Promoting Evidence-Based Parenting

Prevention of Violence

Prevention of Internalizing Disorders

Prevention of Substance Abuse

Prevention of Problems in Those Exposed to Trauma or Loss

Unit – 2 Intervention : Overview

The Ethics of Intervention

Theoretical Approaches

Seeking Psychological Treatment

The Duration and Impact of Psychotherapy

Alternative Modes of Service Delivery

Unit – 3 Intervention : Adults and Couples

Does Psychotherapy Work ? A Controversy and Its Impact

Meta-Analysis and Psychotherapy Research

Evidence-Based Treatments : Initiatives and Controversies

Clinical Practice Guidelines

Evidence-Based Treatments : Some Examples

CBT for Depression

Adoption of Evidence-Based Treatments

Unit – 4 Intervention : Children and Adolescents

Introduction

Who is the Client in Psychological Services for Childhood Disorders?

Landmarks in the Evolution of Evidence -Based Psychological Services for children and Adolescents

Examples of Evidence-Based Treatments

Disruptive Behaviour Disorders

Parent management Training

Adolescent Depression

Books

1. Michael T. Nietzel, Douglas A. Bernstein . Richard Milich (1994) : ‘ Introduction to Clinical Psychology ’ 4 th Ed. Prentice Hall. Englewood Cliffs, New Jersey.
2. Introduction to clinical psychology , John Hunsley and Catherine M. Lee , John Wiley & sons Inc. Ed.2010 (U.S.A)