# Paper – 302 GUIDANCE AND COUNSELLING IN EDUCATION

#### 1. Main objective

- To provide knowledge of concept of Counseling.
- To acquaint the students With The , Methods & aspects of Counselling
- To prepare the students For research to enable them For Theories of Counselling

### 2. The Scheme of question paper:

- 1. The paper will consist four units:
- 2. Each Unit Should be given equal weightage in examination
- 3. Total Marks are 100.

70: External Examination

30: Internal evaluation

(Duration of examination: 3 hours)

### 1. Educational Guidance:

Guidance needs related to education ,Guidance at the elementary school level, Guidance at the secondary school level, Counseling at the college ,the role of teachers in Counseling, Counseling and home, Vocational Guidance.

### 2. <u>Psychology testing</u>:

Types of psychological test, Test use in Counseling situation ,Test interpretation in Counseling , non –test client appraisal techniques.

## 3. <u>Counseling interview</u>:

Counselee- counsellor relationship ,interviewing techniques in counse ling ,Structuring the counselling relationship, Transference, Counter transference, Resistance,Handling of Resistance.

#### 4. Special areas in Counselling and Group Counselling:

Family Counseling, Counseling with Families Concerning Children, Counseling with parents, Counseling the delinquent, Counseling reluctant clients, Marriage Counseling, Counseling Women, Counseling Weaker section, Counseling drug addicts.

Emerging field of group counseling, Structuring group, Limitation and assumption of group counselling – its value, The Process of group counseling, similarities and differences between individual and group counselling

# **Books**

- 1. Counseling and psychology –Allen E.Jvey
- 2. Introduction to counselling—Gary J.Belkin
- 3. Counseling—Acomprehensive Profession—Samual T. Gladding
- 4. Counseling psychology –T.Narayan Rao
- 5. Counseling Psychology-Sombhai Patel Granth nirman Board, Ahmedabad
- 6. Counseling Psychology –Kusumben Bhatt Granth Nirman Board ,Ahmedabad
- 7. Counseling psychology –Prof. C.B/Dave, Prof..K.K.Mehta,Dr. B.M.Contractor, Granth Nirman Board ,Ahmedabad