

# **Paper – 203 Community Psychology - II (Optional Paper)**

## **1. Main Objectives**

- To impart knowledge about community psychology
- To make the students familiar with contribution of community psychology
- To acquaint the students with prevention of mental disorders of human diversity.

## **2. The Scheme of question paper:**

1. The paper will consist four units:
  2. Each Unit Should be given equal weightage in examination
  3. Total Marks are 100.
    - 70: External Examination
    - 30: Internal e valuation
- (Duration of examination: 3 hours)

## **Unit-1 Understanding Human Diversity**

- Key Dimensions of Human Diversity for community:
- Culture, Race, Ethnicity, Gender, Sexual orientation,
- Localities, Age, Spiritually & Religion
- Implications for community psychology

## **Unit- 2 Understanding Coping in context**

- An Ecological – Contextual Frame Work
- Risks & Protective Processes Distal, Factors, Proximal stressors
- Stress activated Reactions
- Resources activated for coping
- Social support
- Generalized and specific social support
- The Relationship context of Social support
- Social support networks

## **Unit – 3 Prevention & Promotion**

What is prevention?

- Prevention as a field study
- Concepts for Understanding Prevention / Promotion Caplan:
  - Primary, Secondary & Tertiary Prevention
  - Connecting stress & coping
  - Concept of Prevention & Promotion
  - Bover's Model: Competence
  - Key Integrates Social Systems (Kiss)
    - Allying in Difficulty
    - Linkage in Social Ecology and Developmental Psychology
  - Applying Concepts in Real World

## **Unit – 4 Current & Future Applications and Looking Ahead ,**

- Prevention & Promotion: All around you
- Prevention & Promotion, Home, School and work place
- How we Determine effectiveness of prevention / promotion efforts?
- Emerging Areas of prevention / promotion
- Emerging Trends in Community Psychology
- Growing Awareness of Global Diversity of Human Communities, Broadening Concern with Social Justice, Collaborative, participatory  
Research and Action, Community Science,
- Community Psychology: A Conversion within a Big Tent
- Time and Community & Social Change
- Qualities for a Community Psychologist
- Signs of Hope, Examples of Change:
- Social Emotional Literacy
- Empowerment Evaluation in Schools

### **Book**

Community, Psychology (2007) Dalton – Elias , Wandersman, Thomas Higher Education

10, Davis Drive, Balmount, CA -9420025-3098 U.S.A

Handbook of Community Psychology (2000). Rappaport, J. and Seidman, E. (Eds.) New York: Kluwer Academic/Plenum Publishers .