

Paper 104 Psychopathology – I

1. Main Objective

- To impart knowledge about the normality and abnormality
- To make students understand the nature and cause of various abnormal conditions

2. The Scheme of question paper:

1. The paper will consist four units:
2. Each Unit Should be given equal weightage in examination
3. Total Marks are 100.

70: External Examination

30: Internal evaluation

(Duration of examination: 3 hours)

Unit – 1 Introduction and Theoretical Perspective on Maladaptive Behaviour

- What is Abnormal Psychology?
- The Range of Abnormal Behaviour
- Recent Concept of Abnormal Behaviour
- The Epidemiology of Maladaptive behaviour
- Research in Abnormal Psychology
- The Biological Perspective
- The Psychological Perspective
- The Behavioural Perspective
- The Cognitive Perspective
- Classification: Categories of Maladaptive Behaviour
- The Multiaxial Approach: DSM-IV TR

Unit – 2 Anxiety Disorder, Stress Disorder

- The experience of anxiety
- Generalized Anxiety Disorder
- Obsessive-compulsive disorder
- Panic Disorder
- Phobias
- Posttraumatic Stress Disorder
- Clinical Reaction to Stress
 - Adjustment Disorder
 - Acute Stress Disorder
 - Dissociative Disorder

Unit – 3 Bodily Maladaptations and Bodily Preoccupational Disorders

- Psychological, Social and Bodily Interactions
- Eating Disorder
- Sleep Disorder
- Psycho physiological Disorder
- Somatoform Disorder

- Pain Disorder
- Somatization Disorder
- Conversion Disorder
- Hypochondriasis
- Body Dysmorphic Disorder

Unit – 4 Schizophrenia, Other Psychotic Disorder,

- Psychotic Disorder
- Schizophrenia
- Schizophrenic Spectrum Disorder
- The Development of Schizophrenia
- Studying Vulnerability in Schizophrenia
- Therapeutic Approaches
- Other Psychotic Disorder
 - Schizoaffective disorder
 - Delusional Disorder
 - Shared Psychotic Disorder

BOOKS

1. Sarason I. G. and Sarason B.R.(2005) Abnormal Psychology : The Problem of maladaptive Behavior, 11th Edition (2005), Prentic- Hall of India Private LTD, New Delhi