

HEMCHNDRACHARYA NORTH GUJARAT UNIVERSITY
PATAN - 384 265



NAAC Accreditation Grade - "B"



FACULTY OF ARTS

M. A. PROGRAMME

PSYCHOLOGY

Syllabus / Scheme

SEMESTER - I to IV
I.D. Paper - 105 to 405

WITH SEMESTER / CBCS / GRADING PATTERN

W. E. F. JUNE - 2014 (In Continuation)

DATE: 09 - 06 - 2014

TOTAL PAGE - 8

HEMCHANDRACHARYA NORTH GUJARAT UNIVERSITY, PATAN.
Enforce from June-2014

Programme Code			Programme Name	M.A. Psychology
Course Code		ID -105	Semester	I
THE WORLD OF PSYCHOLOGY				
Course Type		Inter Disciplinary	Total Credit	04
Teaching Time (hours)		Examination marking Scheme		
Theory (hours)	Practical (Hours)	Internal (Marks)	External (Marks)	Total (Marks)
4x15=60	-	30	70	100

Main Objectives:

The aim of the course is to familiarize students with the world of psychology and the studies relating to the factors, which influence them. It will also focus on some important application areas of psychology.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weight age in the examination.
- 3) Total Marks: 70 External Examination
30 Internal Examination
- 4) Duration of Examination: 03 Hours

The paper will consist of the following four units:

Unit	Topic	Credit	Marks
1	Biology and Behaviour	1	25
	1.1 The Neurons. (Anatomy and Functions of Neurons)		
	1.2 The Central Nervous System.		
	1.3 The Peripheral nervous system.		
	1.4 Endocrine system.		
	1.5 Biology of Consciousness.		
2	States of Mind	1	25
	2.1 Consciousness		
	2.1.1 The Meaning of the Mind		
	2.1.2 Studying Conscious Activity		
	2.1.3 The Nature of Consciousness		

2.2	Everyday Changes in Consciousness		
2.2.1	Daydreaming		
2.2.2	Sleep		
2.2.3	Dreaming		
2.3	Extended States of Consciousness		
2.3.1	Hypnosis		
3	Intelligence, cognition and language	1	25
3.1	Definition, nature and range of intelligence		
3.2	Measuring intelligence		
3.3	Imagery and Concepts: Tools of thinking		
3.4	Approaches of problem solving		
3.5	Language		
3.6	Animal Language		
3.7	Language and thinking		
4	personality	1	25
4.1	Definition of personality		
4.2	Theories of personality		
4.2.1	Freud and Psychoanalysis		
4.2.2	Humanistic personality theories, Maslow and Rogers		
4.2.3	Personality: Is it in the Genes?		
4.3	Personality Assessment		
4.3.1	Personality Inventories		
4.3.2	Objective Tests		
4.3.3	Projective Tests		

Reference Books:

1. Philip G., Zimbardo and Ann L. Weber (1997) **Psychology** Longman, New York.
2. Wood S. E. and Wood E. G. (1996) 'The World of psychology' Allyn and Bacon, New York

HEMCHANDRACHARYA NORTH GUJARAT UNIVERSITY, PATAN.
Enforce from June-2014

Programme Code			Programme Name	M.A. Psychology
Course Code		ID - 205	Semester	II
ADVANCED ADJUSTMENT PSYCHOLOGY				
Course Type		Inter Disciplinary	Total Credit	04
Teaching Time (hours)		Examination marking Scheme		
Theory (hours)	Practical (Hours)	Internal (Marks)	External (Marks)	Total (Marks)
4x15=60	-	30	70	100

Main Objectives:

Helping the students to acquaint with the key concepts. Methods, Subject matter and applications of psychology.
 To acquaint the students with the concept of adjustment and development.
 To help students to make more effective choices in coping with problems of everyday life.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weight age in the examination.
- 3) Total Marks: 70 External Examination,
30 Internal Examination
- 4) Duration of Examination: 03 Hours

The paper will consist of the following four units:

Unit	Topic	Credit	Marks
1	Self-Direction in a Changing World	1	25
	1.1 Definition & Process of Adjustment		
	1.2 Social Change		
	1.3 Challenge of self-Direction		
	1.4 Themes of Personal Growth		
2	The Body & Health	1	25
	2.1 Body Image		
	2.2 Psychological Factors and Physical Illness		
	2.3 Coping with Illness		

2.4	Promoting Wellness		
3	Your Friends & You	1	25
3.1	Meeting People		
3.1.1	Are First Impressions Most Important?		
3.1.2	Mistaken Impression		
3.1.3	Shyness		
3.2	Interpersonal Attraction		
3.2.1	Friends are precious		
3.2.2	When Friends Get Together		
3.2.3	Self-Disclosure-Those Little Secrets		
3.2.4	Same-Sex, Opposite-Sex Friends		
3.2.5	Staying Friends or Breaking Up		
3.2.6	Loneliness		
4	At Work and Play	1	25
4.1	Choosing your Career		
4.2	Your Career Outlook		
4.3	Contemporary Issues in the World of Work		
4.4	Leisure Time		

Reference Book:

1. Duffy K.G. & Atwater E. (2008) : Psychology for Living-Adjustment, Growth and Behaviour Today, Eighth Edition, Pearson Education, New Delhi, India

HEMCHANDRACHARYA NORTH GUJARAT UNIVERSITY, PATAN.
Enforce from June-2014

Programme Code			Programme Name	M.A. Psychology
Course Code		ID - 305	Semester	III
HEALTH AND WELLNESS				
Course Type		Inter Disciplinary	Total Credit	04
Teaching Time (hours)		Examination marking Scheme		
Theory (hours)	Practical (Hours)	Internal (Marks)	External (Marks)	Total (Marks)
4x15=60	-	30	70	100

Main Objectives:

Introduction to the concept and model of health and wellness in the socio-cultural contexts and the scope of Health Psychology.

Introduction to the health enhancing and health compromising life styles/behaviors.

The scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weight age in the examination.
- 3) Total Marks: 70 External Examination,
30 Internal Examination
- 4) Duration of Examination: 03 Hours

The paper will consist of the following four units:

Unit	Topic	Credit	Marks
1	The Systems of the Body	1	25
	1.1 The Nervous System		
	1.2 The Endocrine System		
	1.3 The Cardiovascular System		
	1.4 The Respiratory System		
	1.5 The Reproductive System		
	1.6 The Immune System		
2	Stress and You	1	25
	2.1 What is Stress?		
	2.2 Theoretical Contribution to Study of Stress		

2.3 What makes Events Stressful?		
2.4 Sources of Chronic Stress		
3 Moderators of the Stress Experience	1	25
3.1 Coping with Stress?		
3.2 Social Support		
3.3 The Management of Stress		
4 Pain and It's Management	1	25
4.1 Elusive Nature of Pain		
4.2 Clinical Issues in Pain Management		
4.3 Pain Control Technique		
4.4 Management of Chronic Pain.		

Reference Books

1. Taylor S.E.(2003) Health Psychology, Fifth International Edition, McGraw-Hill Companies, New York
2. Marks F.D.& Others(2005):Health Psychology(theory, Research &practice),Second Edition, Sage Publication, New Delhi.

HEMCHANDRACHARYA NORTH GUJARAT UNIVERSITY, PATAN.
Enforce from June-2014

Programme Code			Programme Name		M.A. Psychology
Course Code		ID - 405	Semester		IV
FORENSIC PSYCHOLOGY					
Course Type		Inter Disciplinary	Total Credit		04
Teaching Time (hours)		Examination marking Scheme			
Theory (hours)	Practical (Hours)	Internal (Marks)	External (Marks)	Total (Marks)	
4x15=60	-	30	70	100	

Main Objectives:

To impart knowledge about forensic psychology

To make students understand the techniques of criminal investigation

The scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weight age in the examination.
- 3) Total Marks: 70 External Examination,
30 Internal Examination
- 4) Duration of Examination: 03 Hours

The paper will consist of the following four units :

Unit	Topic	Credit	Marks
1	Forensic Psychology and Psychologists	1	25
1.1	What is Forensic Psychology		
1.2	History of the relationship between Psychology and the Law (In brief)		
1.3	Conflict between Psychology and the Law		
	1.3.1 Laws and Values		
	1.3.2 What determines "Truth"?		
1.4	Forensic Psychologist Roles and responsibilities		
	1.4.1 Specific Roles: Researcher		
	1.4.2 Specific Roles: Consultant to Law Enforcement		
	1.4.3 Specific Roles: The Trial Consultant		
	1.4.4 Specific Roles: Forensic Evaluator and Expert Witness		

	1.4.5 Specific Roles: Presentation of Psychology to Appellate Courts and Legislatures.		
2	Psychology and Law Enforcement	1	25
	2.1 Who are the Clients?		
	2.2 The Selection of Police		
	2.3 The Training of Police		
	2.4 Evaluating Effectiveness of Police Activities		
	2.5 Community Policing		
3	Techniques of Criminal Investigation	1	25
	3.1 What is Criminal Profiling?		
	3.2 Procedure Used in Criminal Profiling		
	3.2.1 Crime Scene Analysis and the Generation of Psychological Profiles		
	3.2.2 An Evaluation of Profiles		
	3.3 Psychological Autopsies		
	3.3.1 Guidelines		
	3.4 Hypnosis in Criminal Investigation		
	3.4.1 Advocacy: Martin Reiser's Position		
	3.4.2 The Hillside Strangler Case		
	3.4.3 Hypnosis of Witnesses and Victims		
	3.5 The Polygraph Technique		
	3.5.1 Use of the Polygraph in Interrogation		
	3.5.2 A Psychological Analysis		
4	From Dangerousness to Risk Assessment		
1	25		
	4.1 Risk assessment and Predictions of Dangerousness		
	4.2 Predictions of Violence		
	4.3 Predictions of Sexual Offending		
	4.4 Predictions of Domestic Violence and Child Abuse		
	4.5 Predictions of Suicide.		

Reference Books

- 1 Solomon M. Fulero and Lawrence S. Wrightsman, (2009) "Forensic Psychology" Wadsworth Cengage Learning, Third Edition, USA.

