

BACHELOR OF SOCIAL WORK

SEMESTER III (CURRICULUM)

SW 312 Social Work with Individuals

Objectives:

- o To understand the basic concepts in Social Case Work
- o To acquaint the students with the process of Social case work
- o To develop in students the necessary attitude and skills to practice Social Case Work

Unit I Social Case Work- Meaning, Definitions, Scope, Purpose. Historical development of Case Work. Case work practice in India. Relation to other methods of social work

Unit II- Case Work Relationship. Nature and Components. Principles of case work relationship.

Unit III Components of Case Work- Person, Problem, Place, Process. Case work process- Study, Diagnosis, Treatment, Evaluation & Termination Case work recording, Treatment Methods

Unit IV

Skills of caseworker, Tools of Case Work- Observation, Interview, Home Visit. Treatment methods in case work, direct treatment, administration of practical services and environmental manipulation

Unit V –Counseling in Case Work- Definition, Meaning, Importance, Objectives & Goals, Phases in Counseling. Counseling techniques & areas of Counseling

Reference:

1. The Dynamics of Casework & Counselling: Aptekar H H
 2. The Case Work Relationship: Biestek PP
 3. Social Casework: R K Upadhyay
 4. Theory & Practice of Counselling & Psychotherapy: Gerald Corey
 5. Introduction to Social Case Work: Grace Mathew
 6. Social Case Work: a Problem Solving Process: Helan Harris Perlman
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