

BSW211-HUMAN GROWTH AND BEHAVIOUR

Introduction:

The course aims at introducing the learners to the development of the individual across the life span in a system in ecological perspective. It also provides an understanding of human development and behavior. In contextual influences including individuals in disadvantaged or special contexts. The theoretical inputs are to enhance the understanding of people growth and development at various stages as bio-psychological spiritual being over the life span.

Objectives:

- a) Develop an overall understanding of the principles of growths and their relevance and application to behavior. Phases in the life span.
- b) Understand the twin roles of individual's heritage and environmental influences in growth and development.
- c) Understand interactional nature of growth and behavior at various stage in the life span – Infancy, childhood, adolescence, youth, adulthood and old age and impact of cultural factors.
- d) Develop sensitivity towards needs developmental tasks and health status and need for developmental programs for the same.
- e) Apply the information of growth, development and health in social work practice in general and to individuals groups and communities.

Topic No.	Module Title	Content	Suggested Clock Hours
1	Introduction to Psychology	Definition, scope, method and relation with social	3
2	Motivation and need	Definitions, need, nature, types	3
3	Personality	Nature Definition, Bio and socio determents of personality, assessment of personality	3
4	Emotion	Definition, Difference between feeling and emotions, emotional quotient, Role of Social worker in emotion	3
5	Counseling	meaning purpose, goal, process, technique	3
6	Life span	Meaning, Principle of growth and development, Method of studying human development , role of heredity and environment in human development	2
7	Stage of Development	Prenatal, Neonatal, infancy, childhood, adolescences , adulthood, old age, characteristics of Development, problems and solution on	3
8	Maladaptive behavior	Stress, Mental deficiency, antisocial personality, Psychosomatic disorders.	3
9	Adjustment	Nature, concept of effective adjustment	

Reference :

Development Psychology,

Social Psychology, Sharma

Child Development an Indian Perspective,

1. Developmental Psychology- A Life Span Approach :
2. Principles of Developmental psychology
3. Developmental psychology childhood and adolescence:
4. Child Development:
5. Complete Book on Pregnancy & Child birth:
6. Adolescent Behaviour & Development:
7. Emotional Problems of Living:

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