

BSW 114 ELEMENTS OF PSYCHOLOGY

Objectives:

- o Understand the human behavior, emotions, feelings & attitudes
- o Understand the basic concepts of psychology & its application in social work
- o To provide basic awareness about psychiatric disorders

Unit I Psychology- Definition and Scope, Branches in psychology.
Relevance of psychology in social work.

Unit II

Basic psychological Concepts, their components, theories and process: Intelligence, Memory, Thinking, Emotions, Learning

Unit II

Perception- Determinants of perception, Attitude-definition, formation of attitude, Motivation- Motivation Theories

Unit III Personality –

Concept and Theories, Psychoanalytic theories of personality. Defense mechanisms.

Unit IV - Mental Health –

Definition, characteristics and constituents

Unit V

Mental Health Problems –A brief overview. Major and Minor Mental Disorders, Alcoholism, substance abuse, Psychosomatic Illnesses, Sexual deviations

1. General Psychology: (Vol. 1 & 2) – Ramnath Sharma & S.S.Chandra
2. Social Psychology: David G. Myers
3. Social Psychology: Eliot Aronson, Timothy D. Wilson & Robin M. Akert
4. Elements of social psychology: Kuppuswamy
5. Introduction to psychology: Morgon Clifford
6. Foundations in psychology: R M Verma & Shashilata Verma
7. Abnormal psychology Sarason and Sarason
8. Abnormal psychology S K Mangal.