

FAMILY DYNAMICS

Semester – 6th

CC - 15

HD (603)

Credit – 4 + 0 = 4

Objectives :-

The student will –

1. Acquire knowledge and insights about the dynamics of contemporary marriage and family systems in India.
2. Become acquainted with the concept, goals and areas of adjustment in marital relationship and within the family.
3. Become aware of the changing roles and relationship within the family.
4. Understand the dynamics of families in distress and crisis.
5. Become aware of the interceptive and preventive family welfare measures.

Unit – 1 The family.

- (A) Definition, functions, types (with reference to India.)
- (B) Family life cycle – stages and substages (beginning, expanding, contracting).
- (C) Changing trends in India and factors influencing (Social change, family values and ideologies, family structures.)

Unit – 2 Marriage.

- (A) Marriage as an institution, goals, rituals, function, changes and challenges.
- (B) Mate selection, factors, in mate selection, considerations of exogamy and endogamy, changing trends, arranged and personal choice of mates.
- (C) Preparation for marriage, social emotional issues, financial concerns and exchanges, guidance and counseling.

Unit – 3 International Relationship within the family.

- (A) Individual roles, rights and responsibilities within the family.
- (B) Family interaction and communication: - Importance, types and methods of improvement.
- (C) Areas of adjustment within the family at different stages of family life cycle.

Unit – 4 Families with problems and Interventions for families.

- (A) Families with marital disharmony and disruption, dimension, casual factors.
- (B) Families in distress, violence and abuse, dowry victimization, violence against women.
- (C) Interventions for families in trouble.

Reference:

- (1) Augustine, J.N. (Ed.) (1982): The family in transition, New Delhi: Vikas Publishing House.
- (2) Coleman, J.C. (1986): Intimate Relationships, Marriage and the family, Chicago: Macmillan Publishing co.
- (3) Lal, A.K. (1990): The urban family: A study of Hindi Social system, New Delhi: Vikas Publications.
- (4) Rao, P. and Rao, V.N. (1982): Marriage, The family and women in India, New Delhi; Vikas Publications.
- (5) Srinivasan, K. and Mukerji, S. (Eds) (1987); Dynamics of population and Family welfare, Bombay; Himalaya Publishing House.