

Subject : Guidance and Counseling.

Paper No – GC 307

FE – 3

Objectives:

- 4) To aware the students about basic counseling process.
- 5) To provide the knowledge about importance and necessity of counseling in different field.
- 6) To provide the knowledge about various methods of counseling.

Unit – 1

- Nature and necessity of counseling nature & concept of counseling, meaning of counseling, and characteristics of counseling goal of counseling.
- Need of counseling – counselor – types Hazards in the field of counseling in India.

Unit – 2

- Professional preparation and training for counseling – Introduction, need, reascus , selection problems of counselor, es sential qualities of good counselor, training of counselor, training methods.
- Characteristics of good counselor work of counselor and ethics for counselor.

Unit – 3

- Counseling approaches – Psychoanalytic classical psychoanalytic theory and other theories related to psychoanalytic behavioural.
- Approval and

- Counseling process – steps, factors affecting counseling process, evaluation of counseling process.

Unit – 4

- The fields of counseling.
- Classification of counselling.
- Specific field of counselling.
- Counselling techniques & counselling skills.

References

1. Counselling theory and practice.
George R.L. & Cristiani T.S. 4th edition – 1995.
Allyn and Bacon, Boston, USA.
2. Theory and practice of counselling and psychotherapy.
6th edition, 2001, Monterey Calif Books, cole, USA.
3. Introduction to counselling.
W.G. Brown Publication.
4. Salah Manovignan – Dr. Somabhai T Patel, 3rd edition, U Granth Nirman Board, Ahmedabad.