

HD – (201) Introduction to Human Development (Core)

Objectives:

- 1) To orient the students to the principles of child's growth and development factors that influence them.
- 2) To acquaint the students with various concepts and methods of child study.
- 3) To impart information of the milestone in ground development of children below 2 years.
- 4) To create awareness regarding child rearing practices.

Unit – 1

- (A) Introduction to Human Development
- Need & Scope
 - Historical Overview & Theoretical perspectives
- (B) Growth and Development
- Meaning and Development
 - Principles

Unit – 2

- (A) Hearing and Environment.
- Factors influencing – Heredity
 - Environment learning, Maturation critical periods.
- (B) Prenatal care and development.
- Female reproductive system
 - Sign and symptoms of pregnancy
 - Prenatal hazards and remedies

Unit – 3

- (A) Birth
- Birth process, steps of labor
 - Types of birth
- (B) Postnatal Development
- Care of mother normal and premature babies
 - Child rearing practices – Feeding weaning and supplementary feeding immunization.

Unit – 4

- (A)
- Physical development (0 – 2 year)
 - Motor development (0 – 2 year)
- (B)
- emotional development (0 – 2 year)
 - speech development (0 – 2 year)

Reference Books

- (1) Hurlock Elizabeth b;, Child Development 6th edition, MC Graw – Hill book company (1978)
- (2) Papilla Diane E & olds sally wendkos Human Development, MC Grow – Hill Inc., New York, 5th edition (1992)
- (3) Vasta Ross, Haith MMshall M. Millon Scott A, Child psychology, The modern science, John wily & sons, Inc. New York (1992).