

Course Code EDEC -232
SEMESTER-II
HOME SCIENCE CONTENT & METHOD

Unit-I Vegetables & Agriculture

- Various ways of cultivating vegetables
- Seasonal vegetables and various factors affecting them
- Importance of fertilizers
- Information and importance of live agriculture

Unit-II

A. First Aid

- Meaning , Importance and necessity
- First aid for different accidents, types of bandages
- Measures to prevent and treatment of diseases which can spread easily and other diseases
- Artificial respiration –Meaning , importance and necessity

B. Ideal question paper format

- Blue print - Importance and utility
- Blue print - Construction / preparation and implementation

Unit-III

A. Motherhood and childcare

- Importance of mother's milk
- Family planning-information
- Child health – care and vaccination
- Various children diseases and treatment

B. Useful fields in Home Science

- Various employment opportunities
- Role of Home-Science club

Unit- IV Practicum

- Various cooking methods , stages , demonstration of dishes with nutritional value
- Cards , flower , decoration ,color filling
- Visit to a dairy
- Dye clothes ,making baby frock, making soft –toys and different types of stitches
- Cultivating live vegetables in pots and drying vegetables

Reference Books :

1. Mehta, M. : Adolescent Psychology : Pointer Publishers, Jaipur
2. Jain, Madhu : Development Psychology : Pointer Publishers, Jaipur
3. Jain, Madhu : Development Psychology : Pointer Publishers, Jaipur
4. Ksaushik, V.K. : Problems of Nutrition and Child care : Pointer Publishers, Jaipur