HEMCHNDRACHARYA NORTH GUJARAT UNIVERSITY PATAN - 384265



NAAC Accreditation Grade - "B"



FACULTY OF ARTS

B.A. PROGRAMME

PSYCHOLOGY Syllabus / Scheme

SEMESTER - V & VI

WITH SEMESTER / CBCS / GRADING PATTERN

W. E. F. JUNE - 2013 (In Continuation)

DATE : 13 -09 -2012

TOTAL PAGE - 41

HEMCHANDRACHARYA NORTH GUJARAT UNIVERSITY PATAN - 384265 NAAC Accreditation Grade – "B"

FACULTY OF ARTS

B.A. SEMESTER – V & VI

PSYCHOLOGY

New Syllabus and Exam Scheme Kind of Course – Core/ Elective With Semester / CBCS / Grading Pattern W.E.F. June - 2013

Date: 13 / 09 /2012

Total Page: 41

HEMCHANDRACHARYA NORTH GUJARAT UNIVERSITY, PATAN

Programme Code		Programme Name	B.A. Psychology
Faculty	Arts	Semester	V & VI
Effective From	J	une-2013	

COURSE PATTERN

Sem	Course	Instruction (hrs/week)	Duration Exam	Marks			Credit
		((hrs)	Internal E	External T	otal	
V	CC-506 Abnormal Psychology	4	3	30	70	100	4
	CC-507 Research Methods in Psychology-I	4	3	30	70	100	4
	CC-508 Statistics in Psychology	4	3	30	70	100	4
	CC-509 Industrial Psychology	4	3	30	70	100	4
	CC-509 Life Span Development-I	4	3	30	70	100	4
	CC-510 Married Life Psychology	4	3	30	70	100	4
	CC-510 Positive Psychology	4	3	30	70	100	4
	EG-506 Any one from the list	2	2	-	50	50	2
	FC-503 English	2	3	30	70	100	2
	Total	24	20	210	540	750	24

COURSE PATTERN

Sem	em Course Instru (hrs/v		Duration Exam	Ма	Marks		Credit
		(<i>,</i>	(hrs)	Internal E	xternal	Total	
VI	CC-606 Psychopathology	4	3	30	70	100	4
	CC-607 Research Methods in Psychology-II	4	3	30	70	100	4
	CC-608 Experimental Psychology (Practical Performance)	4	3	30	70	100	4
	CC-608 Experimental Psychology (Theory)	4	3	30	70	100	4
	CC-609 Organizational Behaviour	4	3	30	70	100	4
	CC-609 Life Span Development-II	4	3	30	70	100	4
	CC-610 Counselling Psychology	4	3	30	70	100	4
	CC-610 Personality Theories	4	3	30	70	100	4
	EG-606 Any one from the list	2	2	-	50	50	2
	FC-603 English	2	3	30	70	100	2
	Total	24	20	210	540	750	24

Hemchandracharya North Gujarat University – Patan

Course: Psychology

Paper style of B.A. Semester-V & VI

[Hours	5 – 3]	[Total Marks – 70]	
* *	Numbers shown on right side shows full marks. Do as directed.		
Q.1	A or A B or B	28	
Q.2	Answer any two from following A B C D	20	
Q.3	Give Answer any six in two or three sentenses from following A B C D E F G H	12	
Q.4	Give correct Alternatives Answer from following A B C D E F G H I J	10	

Total Marks—70

Grading point:

Grade point	Description	% of marks	Division/ Grade
1	2	3	4
10	Outstanding	90 %- 99 %	First/ O
9	Excellent	80 %- 89 %	First/ A
8	Very Good	70 %- 79 %	First/ B
7	Good	60 %- 69 %	First/ C
6	Fair	50 %- 59 %	Second/ D
5	Average	40 %- 49 %	Pass / E
4	Dropped	Below 40 %	F

STRUCTURE OF THE SEMESTER SYSTEM

PROGRAMME: B.A. PSYCHOLOGY

SEMESTER-V

COURSE CODE	COURSE TYPE	COURSE NAME	CREDITS OF DIRECT TEACHING	TOTAL CREDITS
CC 506	Core Compulsory-VI	Abnormal Psychology	4	4
CC 507	Core Compulsory-VII	Research Methods in Psychology-I	4	4
CC 508	Core Compulsory-VIII	Statistics In Psychology	4	4
CC 509	Core Compulsory-IX	Industrial Psychology	4	4
CC 509	Core Compulsory-IX	Life Span Development-I	4	4
CC 510	Core Compulsory-X	Married Life Psychology	4	4
CC 510	Core Compulsory-X	Positive Psychology	4	4
EG 506	Elective Generic	Any One From The List	2	2
FC 503	Foundation Compulsory	English	2	2
Total Cou	urses 8	Total Le	ctures 24 Total	Credits 24

Program	nme Code		Programme Name	B.A. Psychology
Cours	e Code	CC-506	Semester	V
	ABN	ORMAL PSYCHO	LOGY	
Cours	se Туре	Core Compulsory	Total Credit	04
	ing Time ours)		Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To impart knowledge about the abnormal behavior To make students understand the nature and cause of various abnormal syndromes To impart knowledge need for therapies of different abnormal syndromes

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination

30 Internal Examination

4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	Abnormal Psychology: An Overview	1	18
	1.1 What Do We Mean by Abnormal Behavior?		
	1.1.1 Why Do We Need to Classify Mental Disorder?		
	1.1.2 What Are the Disadvantages of Classification?		
	1.1.3 The DSM-IV Definition of Mental Disorder		
	1.1.4 How Does Culture Affect What Is Considered Abnormal?		
	1.1.5 Culture – Specific Disorders		
	1.1.6 Treatment		
	1.1.7 The Mental Health "Team"		
2	Causal Factors for Abnormal Behavior	1	18
	2.1 The Biological Causal Factors		
	2.1.1 Neurotransmitter and Hormonal Imbalance		

		2.1.2	Genetic Vulnerabilities		
		2.1.3	Temperament		
		2.1.3	Brain Dysfunction and Neural Plasticity		
		2.1.4	The Impact of Biological Viewpoint		
	2.1	The Psycho	ological Causal Factors		
		2.1.1	Early Deprivation or Trauma		
		2.1.2	Inadequate Parenting Styles		
		2.1.3	Marital Discord and Divorce		
		2.1.4	Maladaptive Peer Relationships		
	2.2	The Socioc	ultural Causal Factors		
		2.2.1	The Sociocultural Environment		
		2.2.2	Pathogenic Societal Influences		
		2.2.3	Impact of the Sociocultural Viewpoint		
	Panic, Anxie	ety and The	ir Disorders	1	17
	3.1	The Fear a	nd Anxiety Response Patterns		
	3.2	Specific Ph	obias		
	3.3	Social Phot	pias		
	3.4	Panic Disor	der with and Without Agoraphobia		
	3.5	Generalized	d Anxiety Disorder		
	3.6	Obsessive-	Compulsive Disorder		
	3.7	Sociocultur	al Causal Factors for All Anxiety Disorders.		
4	Somatoform	n and Disso	ciative Disorders	1	17
	4.1	Somatoform	n Disorders		
		4.1.1	Hypochondriasis		
		4.1.2	Somatization Disorder		
		4.1.3	Pain Disorder		
		4.1.4	Conversion Disorder		
		4.1.5	Body Dysmorphic Disorder		
	4.2	Dissociative	e Disorders		
		4.2.1	Depersonalization Disorder		
		4.2.2	Dissociative Amnesia and Fugue		
		4.2.3	Dissociative Identity Disorder		

4.2.4 Reference Book

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1. Carson R. C; Butcher J.M; Mineka S. and Hooley J.M. (2011): **Abnormal Psychology**, Thirteenth Edition, Pearson Education & Dorling Kindersley (India) Pvt. Ltd; New Delhi.

Programme Code			Programme Name	B.A. Psychology
Cours	e Code	CC-507	Semester	V
	RESEARCH	METHODS IN PS	YCHOLOGY - I	
Cours	se Туре	Core Compulsory		
	ing Time ours)		Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To impart knowledge about basic concepts of research methodology.

To make students understand the nature and techniques of various sampling and research design.

To impart knowledge about interpretation and publication of research data.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Uni	it Topic	Credit	Marks
1	Research Methodology an Introduction	1	18
	1.1 Introduction		
	1.2 Meaning of Research		
	1.3 Types of Research		
	1.4 Significance of Research		
	1.5 Importance of Knowing How Research is Done		
	1.6 Criteria of Good Research		
2	Research Problem and Hypotheses	1	18
	2.1 What is Research Problem?		
	2.2 Selecting the Problem Necessity of Defining the Problem		
	2.3 Technique Involved in Defining a Problem		
	2.4 Meaning, Types and Sources of Hypothesis		

3 Research Design

- 3.1 Meaning of Research Design
- 3.2 Importance of Research Design
- 3.3 Features of a Good Design
- 3.4 Different Research Design

4 Sampling Design

- 4.1 Basic Terminology of sampling
- 4.2 Characteristics of a Good Sample Design
- 4.3 Different Types of Sample Design
- 4.4 Sampling Error

Reference Books

- 1. Kerlinger F. N. (1999):Foundation of Behavioural Research, Second Revised Edition, Surgeet Publication, New York.
- 2. Kothari C.R. (2009): Research Methodology: Methods and Techniques, Second Revised Edition, New Age International Publishers, New Delhi
- 3. Shaughnessy J. J; Zechmeister E.B. and Zechmeister J.S. (2006): Research Methods in Psychology, Seventh International Edition, Mc Graw Hill Higher Education, New York.
- 4. Dhila B.D. (2011): Sanshodhan Paddhti Samajik Vigyanoma (2011): Gujarati Edition, Akshar Publication, Ahmedabad.

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Program	nme Code		Programme Name	B.A. Psychology
Cours	e Code	CC-508	Semester	V
	STAT	ISTICS IN PSYCH	OLOGY	
Cours	se Туре	Core Compulsory	Total Credit	04
	ing Time burs)		Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To develop and understanding of elementary statistics used in Psychology.

To impart knowledge of statistical techniques in terms of their assumptions, applications and limitations

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	Frequency Distribution	1	18
	1.1 Need of Statistics in Psychology		
	1.2 Tabulation of Data and Frequency Distribution		
	1.3 Graphical Representation of Grouped Data		
2	Meaning of Central Tendency	1	18
	2.1 Meaning of Measure of Central Tendency		
	2.2 Mean, Median, Mode and their specific Uses.		
3	Measures of Variability	1	17
	3.1 Quartiles, Deciles, Percentiles		
	3.2 Percentile Rank		
	3.3 Concept of Variability		
	3.4 Measures of Variability Range		
	3.5 Mean Deviation, Quartile Deviation and their specific uses		

4 Correlation

1

- 4.1 Meaning and Types of Correlation
- 4.2 Spearman's Rank Order Correlation
- 4.3 Uses of Correlation

Reference Books

- 1. Garrett H."Elementery Statistics" Long mans green and Co. New York
- 2. Dowine N. and Heath R. "Basic Statistical Methods "Harper and Row Publishers, New York 2nd edition
- 3. C.B.Dave and Others"Manovignan- Prayogo ane Ankadashastra"11th edition 2004-05, C.Jamanadas Co. Ahmedabad

Progran	nme Code		Programme Name	B.A. Psychology
Cours	e Code	CC-509	Semester	V
	INDUSTRIAL PSYCHOLOGY			
Cours	se Туре	Core Compulsory	Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To acquaint the students with perspective on industrial psychology and world of work.

The aim of the course is to familiarizing the students with the various aspects of nature of work in the modern society.

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

The paper will consist of the following four units:

Unit	Торіс	Credit	Marks
1	An Introduction to Industrial Psychology	1	18
	1.1 Definition of industrial psychology		
	1.2 The historical development of industrial psychology		
	1.3 Area of industrial organizational psychology		
	1.4 Methods of Psychological Research		
	1.4.1 The experimental methods		
	1.4.2 The naturalistic observation method		
	1.4.3 Surveys and opinion polls		
2	Employee selection	1	18
	2.1 The recruitment process		

2.2 An overview of the selection process

- 2.3 Job analysis
 - 2.3.1 What is job analysis
 - 2.3.2 Use and values of job analysis
 - 2.3.3 Methods of job analysis

3 Training and Development

1 17

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- 3.1 The scope of organizational training programme
- 3.2 The goals or objectives of organizational training programme
- 3.3 Training methods for non-supervisory employees
- 3.4 Training methods for managers

4 Motivation, Job Satisfaction and Job Involvement 1

- 4.1 Content theory of motivation
- 4.2 Process theory of motivation
- $4.3\;$ Job satisfaction: the quality of life at work
- $4.4 \ \ \, \text{Job satisfaction and on the job behavior}$
- 4.5 Job involvement and organizational commitment

Reference Books

- 1. Duane P. Schultz and Sydney Ellen Schultz (2004): Psychology and work Today. Published by Pearson Education Pvt. Ltd., Indian Branch Delhi.
- 2. Tiffin J. and Mc. Covmic, E.J. (1971) Industrial Psychology, New Delhi : Prentice Hall India
- Luthans, Fred (1987) Organizational behaviour, Mc Graw- Hill Serves, International Student Edition. Times Printer- Singapore.
- 4. Von Haller Gitmber (1971) : Industrial and Organizational Psychology. New York, McGraw Hill
- 5. Anastasi A. (1979) : Fields of Application Psychology. McGraw Hill, Kogakusha Ltd. Tokyo.

Progran	nme Code		Programme Name	B.A. Psychology
Cours	e Code	CC-509	Semester	V
	LIFESPAN DEVELOPMENT - I			
Cours	se Туре	Core Compulsory	Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To provide students a perspective on human development.

To offer ideas relating to tools and techniques of managing developmental problems.

To enable students to appreciate research studies on problems relating to human development.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	History, Theory and Research strategies	1	18
	1.1 Basic Issues		
	1.2 The Lifespan Perspective: A Balanced Point of View		
	1.3 Recent Theoretical Perspectives		
	1.4 Studying Development		
	1.5 Common Research Methods		
2	Biological and Environmental Foundations	1	18
	2.1 Genetic Foundations		
	2.1.1 The Genetic Code		
	2.1.2 The Sex Cells		
	2.1.3 Male or Female?		

- 2.1.4 Multiple Births
- 2.1.5 Chromosomal Abnormalities
- 2.2 Environmental Contexts For Development
 - 2.2.1 The Family
 - 2.2.2 Socioeconomic Status And Family Functioning The Impact Of Poverty

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2.2.3 Beyond The Family: Neighborhood, Towns, And Cities

3 Parental Developments, Birth, and the Newborn Baby

3.1 Prenatal Development

- 3.2 Prenatal Environmental Influences
 - 3.2.1 Other Maternal Factors
- 3.3 Child Birth
 - 3.3.1 The Stages Of Childbirth
 - 3.3.2 The Babies Adaptations To Labor And Delivery
 - 3.3.3 The Newborn Babies Appearance
- 3.4 Approaches To Childbirth
- 3.5 Medical Interventions

4 Physical Development in Infancy and Toddlerhood 1

- 4.1 Body Growth
- 4.2 Brain Development
 - 4.2.1 Development Of Neurons
 - 4.2.2 Development Of The Cerebral Cortex
 - 4.2.3 Changing Status Of Arousal
- 4.3 Influences On Early Physical Growth
- 4.4 Learning Capacities

Reference Book

1. Laura E. Berk, (2007) Development through the lifespan, Third Ed. Pearson Education, Inc. Kindersley, publishing, Inc.

Progran	nme Code		Programme Name	B.A. Psychology
Cours	e Code	CC-510	Semester	V
	MARRIDE LIFE PSYCHOLOGY			
Cours	se Туре	Core Compulsory	Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To provide scientific knowledge about fitness and maturity of marriage to students.

To help the students to examine their gender roles and relationship with opposite sex.

To acquaint students with reality of married life and prepare them to build the successful marital adjustment.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	Purpose and Fitness for Marriage		1
18			
	1.1 Definition of Marriage		
	1.2 Purpose of Marriage		
	1.3 Types of Fitness for Marriage		
	1.4 Aspects of Maturity for Marriage		
	1.5 Characteristics of Maturity for Marriage		
	1.6 Characteristics of a person matured		
2	Human Sexuality		1
18			
	2.1 Concept of Human Sexuality		
	2.2 Perspectives of Human Sexuality		

	2.2.1 Historical Perspective
	2.2.2 Biological Perspective
	2.2.3 The Cross-cultural perspective
	2.2.4 Psychological perspective
	2.2.5 Sociological perspective
Gen	der Identify and Gender Role
17	
3.1	Changing Status of Women
3.2	Nature and Nurture in Gender Identify
3.3	Gender Differences
	3.3.1 Biological Differences
	3.3.2 Differences in Cognitive Ability
	3.3.3 Differences in Personality
	3.3.4 Differences in Aptitude and Achievement
3.4	Development of Role Concept
3.5	Attitudes of Young men and women for future role playing
3.6	Flexibility of role concept
Нар	piness in Marriage
17	

- 4.1 Marital Conflict Causes of Marital Conflict
- 4.2 Steps for happy married life
- 4.3 Suggestions for Marital Success by Dr. Stone and Stone

Reference Books

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- 1. Janet Shibley Hyde and Delamater J.D. "Understanding Human Sexuality"
- 2. Spencer A. Rathus, Nevid J.S., Rathus L.F. "Human Sexuality in a world of Diversity Allyan and Bacon, 1993"

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- 3. Dr. Stone and Stone"A Marriage Manual" 1953, Pocket Book Co. Mumbai, India.
- 4. Landis J.T. and Landis M.G. "Building a Successful Marriage"7th edition 1977, Prentice-Hall INC, U.S.A.
- Dhun Panthaki"Education in Human Sexuality"1997, Family Planning Association of India, Mumbai
- Bechtal S. and Stains L.R. "Sex A Man's Guide"1st Indian edition1997, Rajendra Publishing House Pvt., Mumbai
- Yogan Bhatt and Bansri Bhatt "Jatiyata ane Laganjivan nu Manovigyan" 1st edition 2006-07, C.Jamanadas Co. Ahmedabad

Progran	nme Code		Programme Name	B.A. Psychology
Cours	se Code	CC-510	Semester	V
	P	DSITIVE PSYCHOL	_OGY	
Cours	se Туре	Core Compulsory	Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives :

To acquaint students with Positive thinking effects on life.

To impart knowledge about relationship between positive emotions and happiness.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Uni	t Topic	Credit	Marks
1	What is Positive Psychology?	1	18
	1.1 Traditional Psychology		
	1.1.1 Why the Negative Focus?		
	1.2 Positive Psychology		
	1.2.1 Health Psychology		
	1.2.2 Clinical Psychology		
	1.2.3 Developmental Psychology		
	1.3 Positive Psychology : Assumptions, Goals & Definitions		
	1.3.1 Life Above Zero		
	1.3.2 Culture and Meaning of Good Life		
	1.3.3 Why Now?		
2	Positive Emotions and Well-Being		1
	18		
	2.1 What are Positive Emotions?		

^{2.1} VVnat are Positive Emotions?

2.1.	1 Focus on	Theory : The	Broaden and Buil	d Theory of	Positive Emotions
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- 2.2 Positive Emotions and Health resource
 - 2.2.1 Physical Resource
 - 2.2.2 Psychological Resource
 - 2.2.3 Social Resource
- 2.3 Positive Emotions and Well-being
 - 2.3.1 Happiness and Positive Behaviour
 - 2.3.2 Positive Emotions and Success
 - 2.3.3 Positive Emotions and Flourishing
 - 2.3.3.1 A General Theory of Positivity

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Personal Goals as windows to well-Being

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- 3.1 Why are Personal Goals?
 - 3.1.1 Defining Personal Goals
 - 3.1.2 Goals and Related Motivational Concepts
 - 3.1.3 Measuring Personal Goals
 - 3.1.4 Goal Organization
- 3.2 The Search for Universal Human Motives
 - 3.2.1 Goals Expressing Fundamental Values
 - 3.2.2 Personal Goals Across Cultures
- 3.3 What Goals Contribute Most to Well-Being?
 - 3.3.1 Goal Progress, Achievement, and Importance
 - 3.3.2 The Matching Hypothesis

Self-Regulation and Self Control

4

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- 4.1 Planning for Self-regulation Success
 - 4.1.1 Focus on Research: Planning Makes a Difference
 - 4.1.2 Why Planning Heaps?
 - 4.1.3 Commitment and Confidence
- 4.2 Goals That Create Self-Regulation Problems
 - 4.2.1 Goal Conflict
 - 4.2.2 Focus on theory: Thinking About the Meaning of Our Actions
 - 4.2.3 Goal Difficulty
 - 4.2.4 The Ironic Effects of Mental Control
- 4.3 Everyday Explanation for Self Control
 - 4.3.1 Excuses
 - 4.3.2 Irresistible Impulses

4.3.3 Focus on Research: The Cost and Benefits of Procrastination

Reference Book

 Steve R. Baumgardner and Marie K. Crothers, (2009) Positive Psychology, Dorling Kindersley India Pvt. Ltd. Licenses of Pearson Education in South Asia.

STRUCTURE OF THE SEMESTER SYSTEM

PROGRAMME: B.A. PSYCHOLOGY

SEMESTER-VI

COURSE CODE	COURSE TYPE	COURSE NAME	CREDITS OF DIRECT TEACHING	TOTAL CREDITS
CC 606	Core Compulsory-VI	Psychopathology	4	4
CC 607	Core Compulsory-VII	Research Methods in Psychology-II	4	4
CC 608	Core Compulsory-VIII	Experimental Psychology (Practical Performance)	4	4
CC 608	Core Compulsory-VIII	Experimental Psychology (Theory)	4	4
CC 609	Core Compulsory-IX	Organizational Behaviour	4	4
CC 609	Core Compulsory=IX	Life Span Development-li	4	4
CC 610	Core Compulsory-X	Counselling Psychology	4	4
EC 610	Core Compulsory-X	Personality Theories	2	2
EG 606	Elective Generic	Any One From The List	2	2
FC 603	Foundation Compulsory	Ec-306 English	2	2
Total Co		Total Leo	ctures 24 Total C	Credits 24

Programme Code			Programme Name	B.A. Psychology
Cours	e Code	CC-606	Semester	VI
		PSYCHOPATHOLO	DGY	
Cours	Course Type		Total Credit	04
Teach	ing Time		Examination marking Scheme	
(ho	ours)			
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To impart knowledge about the abnormal behavior To make students understand the nature and cause of various abnormal syndromes To impart knowledge need for therapies of different abnormal syndromes

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	Mood Disorders	1	18
	1.1 What are Mood Disorders?		
	1.2 Unipolar Mood Disorders		
	1.3 Causal Factors in Unipolar Mood Disorder		
	1.4 Bipolar Disorders		
	1.5 Causal Factors in Bipolar Mood Disorder		
2	Health Problems and Behaviour	1	18
	2.1 Psychological Factors in Health and Disease		
	2.1.1 Stress and Stress Response		
	2.1.2 Biological Costs of Stress		

	2.1.3 Lifestyle Factors in Health and Illness		
	2.2 Cardiovascular Disease		
	2.2.1 Hypertension		
	2.2.2 Coronary Heart Disease		
	2.3 General Causal Factors in Physical Illness and Disease		
	2.4 Treatment and Clinical Outcomes		
3	Schizophrenia and Other Psychotic Disorders	1	17
	3.1 The Clinical Picture in Schizophrenia		
	3.2 Subtypes of Schizophrenia		
	3.3 What Causes Schizophrenia		
	3.4 Genetic Aspects		
	3.5 Biological Aspects		
	3.6 Psychosocial and Cultural Aspects		
	3.7 Treatment and Clinical Outcomes		
	3.7.1 Pharmacological Approaches		
	3.7.2 Psychosocial Approaches		
4	Therapy	1	17
	4.1 An Overview of Treatment		
	4.2 Pharmacological Approaches to Treatment		
	4.2.1 Drug Treatment		
	4.2.2 E.C.T.		
	4.2.3 Neurosurgery		
	4.3 Psychological Approaches to Treatment		
	4.3.1 Behavioural Therapy		
	4.3.2 Cognitive & Cognitive Behavioural Therapy		
	4.3.3 Humanistic Therapy		
	4.3.4 Psychodynamic Therapy by Freud		

Reference Book

1. Carson R. C; Butcher J.M; Mineka S. and Hooley J.M. (2011): Abnormal Psychology, Thirteenth Edition, Pearson Education & Dorling Kindersley (India) Pvt. Ltd; New Delhi.

Programme Code			Programme Name	B.A. Psychology
Cours	e Code	CC-607	Semester	VI
	RESEARCH	METHODS IN PS	(CHOLOGY - II	
Cours	Course Type		Total Credit	04
Teach	Teaching Time		Examination marking Scheme	
(ho	purs)			
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To impart knowledge about basic concepts of research methodology.

To make students understand the nature and techniques of various sampling and research design.

To impart knowledge about interpretation and publication of research data.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Unit	Торіс		Credit	Marks
1	Survey Research and Ques	tionnaire	1	18
	1.1 Uses of Surveys	3		
	1.2 Various Survey	Methods		
	1.3 Survey- Resear	ch Design		
	1.4 Questionnaire			
	1.4.1	Steps in preparing a Questionnaire		
	1.4.2	Guideline for Effective Wording of Questions		
2	Observation		1	18
	2.1 What is Observ	vation?		

- 2.1 Classification of Observational Methods
- 2.2 Recording Behavior
- 2.3 Thinking Critically About Observational Research

3 Experimental Method

3.1 Overview

- 3.2 Characteristics of True Experiments
- 3.3 Obstacles to Conducting True Experiments In Natural Settings

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- 3.4 Threats to Internal Validity Controlled by True Experiments
- 3.5 Problems That Even True Experiments May Not Control

4 Report Writing

- 4.1 Meaning and Purposes of Research Report
- 4.2 Guidelines for Effective Writing
- 4.3 Structure of a Research Report
- 4.4 Precaution for Writing Research Report

Reference Books

- 1. Kerlinger F. N. (1999):Foundation of Behavioural Research, Second Revised Edition, Surgeet Publication, New York.
- Kothari C.R. (2009): Research Methodology: Methods and Techniques, Second Revised Edition, New Age International Publishers, New Delhi
- 3. Shaughnessy J. J; Zechmeister E.B. and Zechmeister J.S. (2006): Research Methods in Psychology, Seventh International Edition, Mc Graw Hill Higher Education, New York.
- 4. Dhila B.D. (2011): Sanshodhan Paddhti Samajik Vigyanoma (2011): Gujarati Edition, Akshar Publication, Ahmedabad.

Programme Code			Programme Name	B.A. Psychology
Cours	e Code	CC-608	Semester	VI
	EXPERIMENTAL PSY	CHOLOGY (PRAC	CTICAL PERFORMANCE)	
Cours	Course Type		Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
-	4x15=60	30	70	100

Main Objectives:

To develop scientific attitude in students.

To provide training to the students in conducting Experiments.

The Scheme of question paper:

- 1) The experiment performance examination will consist of ten units
- 2) Each experiment should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination

30 Internal Examination

- 4) Duration of Examination: 03 Hours
- 5) Distribution of marks of the experiment performance examination.

Journal: 25, Performance: 15, Report writing: 15, Viva voce: 15, Total Marks = 70

6) Distribution of time of the experiment performance examination.

Performance and Report writing: 2- Hours, Viva voce: 1-Hours

The paper will consist of the following ten units: Any Seven experiments should have to be performed and reported in the journal

- Unit Topic
- 1 Measurement of Optical Illusion
- 2 Comparison between the method of Ranking and Paired Comparison by determining colour Preference.
- 3 Fluctuation of Attention

- 4 Suggestion :Progressive weights method
- 5 Association Reaction Time
- 6 Mirror Tracing
- 7 Maze Learning
- 8 Whole v/s Part method of Learning
- 9 Immediate Span of Memory
- 10 Problem Solving

Reference Books

- 1 Postman Land Egan J."Experimental Psychology-An Introduction" Harpen and Row Co. New York 1949
- 2 Woodworth R. and Schlsberg H. "Experimental Psychology" Oxford and I.B.H. Publishing Co. 1971
- 3 S.C.Kanawala "Prayogic Manovignan- Sidhant ane Prayogpothi" 1979, Univesity Granth Nirman Board,

Ahmedabad

4 C.B.Dave and Others" Manovignan- Prayogo ane Ankadashastra"11th edition 2004-05, C.Jamanadas Co. Ahmedabad

Programme Code			Programme Name	B.A. Psychology
Cours	e Code	CC-608	Semester	VI
	EXPERIMEN	TAL PSYCHOLO	DGY (THEORY)	
Cours	Course Type		Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To make students conversant with the key concepts and vocabulary of experimental psychology.

To acquaint the students to methods and application of psychology as experimental science.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination

30 Internal Examination

4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	The Scope of Experimental Psychology	1	18
	1.1 Definition and nature of experiment		
	1.2 Experimental psychology as method		
	1.3 Variables		
	1.4 Experimental and control group		
	1.5 Forms of behavior studied in Experimental psychology		
2	The Psychophysical Methods	1	18
	2.1 The basic concepts of psychophysics		
	2.2 Method of minimal changes		
	2.3 Rank order method		
	2.4 Method of constant stimuli		
	2.5 Method of average error		
	2.6 Method of pair comparison		

3 Association

- 3.1 The concept of association
- 3.2 Types of verbal association
- 3.3 Classification of association
- 3.4 Clinical and diagnostic use of verbal association

4 Verbal Learning

- 4.1 Methods of practice
- 4.2 Basic variables of learning experiments
- 4.3 Performance as a function of what is learned (Effects of learning material on learning)
- 4.4 Performance as a function of how learning proceeds (Effects of learning methods on learning)

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Reference Books

- 1. Leo Postman and Jams P. Egan, "Experimental Psychology"(An Introduction) Edition 2008 Srishti Book Distributors.
- 2. M.R.D'amato, "Experimental Psychology" TMH Edition, McGraw-Hill Publishing Company, New Delhi.

Programme Code			Programme Name	B.A. Psychology
Cours	e Code	CC-609	Semester	VI
	ORGA	NIZATIONAL BEH	HAVIOUR	
Cours	Course Type		Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To acquaint the students with perspective on industrial psychology and world of work.

The aim of the course is to familiarizing the students with the various aspects of nature of work in the modern society.

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination

30 Internal Examination

4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	Performance Appraisals	1	18
	1.1 Performance Appraisal: why do it?		
	1.2 Objective performance appraisal methods		
	1.3 Judgmental performance appraisal methods		
	1.4 Bias in performance appraisal		
2	Working Condition	1	18
	2.1 Physical working condition		
	2.2 Work schedules		
	2.3 Psychological and social issues		
	2.3.1 Boredom and monotomy		
	2.3.2 Fatigue		
3	Safety, Violence and Health in Workplace	1	17

- 3.1 Accidents
- 3.2 Violence in the workplace
- 3.3 Alcoholism in the workplace
- 3.4 Drug use in the work place
- 3.5 Computers and physical health issues

4 Stress in work place

- 4.1 Definition of stress
- 4.2 Nature of stress
- 4.3 Work- family conflicts
- 4.4 Causes of stress in the workplace
- 4.5 Effects of stress in the work place
- 4.6 Treating stress in the workplace
- 4.7 Time and motion study

Reference Books

- 6. Duane P. Schultz and Sydney Ellen Schultz (2004): Psychology and work Today. Published by Pearson Education Pvt. Ltd., Indian Branch Delhi.
- 7. Tiffin J. and Mc. Covmic, E.J. (1971) Industrial Psychology, New Delhi : Prentice Hall India
- 8. Luthans, Fred (1987) Organizational behaviour, Mc Graw- Hill Serves, International Student Edition. Times Printer- Singapore.
- 9. Von Haller Gitmber (1971) : Industrial and Organizational Psychology. New York, McGraw Hill
- 10. Anastasi A. (1979) : Fields of Application Psychology. McGraw Hill, Kogakusha Ltd. Tokyo.

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Programme Code			Programme Name	B.A. Psychology
Cours	se Code	CC-609	Semester	VI
	LIFE	ESPAN DEVELOPN	/IENT - II	
Cours	Course Type		Total Credit	04
Teaching Time (hours)			Examination marking Scheme	
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives:

To provide students a perspective on human development.

To offer ideas relating to tools and techniques of managing developmental problems.

To enable students to appreciate research studies on problems relating to human development.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

The paper will consist of the following four units:

Unit	Торіс		Credit	Marks
1	Cognitive Development in I	nfancy and Toddlerhood	1	18
	1.1 Piaget's Cogniti	ve-Developmental Theory		
	1.1.1	Piaget's Ideas About Cognitive Change		
	1.1.2	The Sensorimotor Stage		
	1.2 Information Proc	cessing		
	1.2.1	Stricture Of The Information-Processing System		

- 1.2.2 Attention
- 1.2.3 Memory
- 1.2.4 Categorization

1.3 Language Development

- 1.3.1 Three Theories Of Language Development
- 1.3.2 Getting Ready To Talk

- 1.3.3 First Word
- 1.3.4 The Two Words Utterance Phase
- 1.3.5 Supporting Early Language Development

2 Emotional and Social Development in Early Childhood

2.1 Self – Understanding

- 2.1.1 Foundations Of Self-Concept
- 2.1.2 Emergence Of Self-Esteem
- 2.2 Emotional Development
- 2.3 Peer Relations
- 2.4 Gender Typing

2.5 Child Rearing Styles

- 2.4.1 Gender-Stereotyped Beliefs And Behavior
- 2.4.2 Genetic Influences On Gender Typing
- 2.4.3 Environmental Influences On Gender Typing Gender Identity

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2.4.4 Reducing Gender Stereotyping In Young Children

3	Physical and Cognitive Development in Adolescence	e 1	17
	3.1 Puberty: The Physical Transition to Adu	ulthood	
	3.2 The Psychological Impact of Pubertal Ever	nts	
	3.3 Health Issues		
	3.3.1 Nutritional Needs		
	3.3.2 Eating Disorders		
	3.3.3 Sexual Activity		
	3.4 Consequences Of Abstract Thought		
4	Emotional and Social Development in Late Adulthoo	od 1	17
	4.1 Stability And Change In Self-Concept And	Personality	
	4.2 Individual Differences In Psychological We	ell-Being	
	4.2.1 Control Verses Depend	lency	
	4.2.2 Health		
	4.2.3 Negative Life Changes		
	4.2.4 Social Support And Soc	cial Interaction	
	4.3 A Changing Social World		
	4.3.1 Social Theories Of Age	ing	
	4.4 Relationships in Late Adulthood		
	4.4.1 Marriage		
	4.4.2 Widowhood		
	4.4.3 Relationships With Adu	ılt Children	

4.4.4 Alder Maltreatment

4.5 Retirement and Leisure

Reference Book

1 Laura E. Berk, (2007) Development through the lifespan, Third Ed. Pearson Education, Inc. Kindersley, publishing, Inc.

Programme Code			Programme Name	B.A. Psychology
Course Code		CC-610 Semester		VI
COUNSELLING PSYCHOLOGY				
Course Type		Core Compulsory	Total Credit	04
Teaching Time (hours)		Examination marking Scheme		
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives :

To provide students a perspective on Counselling Psychology

To familiarize the students to the theory, Practice and techniques of counseling

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination

30 Internal Examination

4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	The Nature of Counseling	1	18
	1.1 What is Counselling?		
	1.2 Counselling and Psychotherapy		
	1.3 Goals of Counselling		
	1.4 Specific Fields of Counselling		
	1.4.1 School Counselling		
	1.4.2 Career Counselling		
	1.4.3 Rehabilitation Counselling		
	1.4.4 Mental Health Counselling		
	1.4.5 Cyber Counselling		
	1.4.6 Marriage Counselling		
	1.4.7 Individual Counselling		
	1.4.8 Group Counselling		

2	Characteristics and Work of Counsellor and	1	18
	the Ethics for Counselling Profession		
	2.1 Characteristics of effective Counsellor		
	2.2 Work and Role of Counsellor		
	2.3 Counsellor as a consultant		
	2.4 Ethics of counselling profession		
	2.5 Recommendation of code of ethics for the counselling Profession		
3	Counselling Process and Counselling Relationship	1	17
	3.1 Counselling Process		
	3.1.1 Steps of Counselling Process		
	3.1.2 Variables influencing Counselling Process		
	3.2 Counselling Relationship		
	3.2.1 Concept of Counselling Relationship		
	3.2.2 The Therapeutic Climate		
	3.2.3 Dimensions of Counselling Relationship		
4	Counselling Techniques	1	17
	4.1 Meaning of Techniques		
	4.2 Various Counselling Techniques		

Reference Books

- 1. Dr. Somabhai T. Patel"Salah Manovignan"3rd edition University Granth Nirman Board Ahmedabad.
- 2. George R.L. and Cristiani T.S. "Counselling : Theory and Practice" 4th edition 1995, Allyn and Bacon Co. Boston, U.S.A.
- 3. George G."Councelling : They and Practice" 4th edibion 1995, Allyn and Bacon Co. Boston, U.S.A.
- 4. Belkin Gray"An Introduction to Counselling" 3rd edibion 1988. W.C.Brown Publishers.
- Hansen J.C., Stevic R.R. and Warner R.W. "Counselling-Theory and Process" 4th edition 1986, Allyn and Bacon Co. Boston, U.S.A.

Programme Code			Programme Name	B.A. Psychology
Course Code		CC-610	Semester	VI
PERSONALITY THEORIES				
Course Type		Core Compulsory	Total Credit	04
Teaching Time (hours)		Examination marking Scheme		
Theory	Practical	Internal	External	Total
(hours)	(Hours)	(Marks)	(Marks)	(Marks)
4x15=60	-	30	70	100

Main Objectives :

To familiarize students with different psychologist point of view regarding human behaviour.

To provide students a perspective on theories of personality.

Acquaint students to build up dynamic personality.

The Scheme of question paper:

- 1) The paper will consist of four units
- 2) Every unit should be given equal weightage in the examination.
- 3) Total Marks: 70 External Examination
 - 30 Internal Examination
- 4) Duration of Examination: 03 Hours

Unit	Торіс	Credit	Marks
1	Introduction to Personality Theory 1.1 What Is Personality?	1	18
	1.2 Definition of Personality		
	1.3 Approaches of Personality Study		
	1.4 Requirement of Personality Theory		
	1.5 Classification of Personality Theory		
	1.6 Specialization of Personality Theory		
2	Freud's Theory of Personality	1	18
	2.1 Factors of Personality		
	2.2 Nature of Personality		
	2.3 Stages of Personality Development		
	2.4 Ego-Defense Mechanism		

- 2.5 Factors Affecting on Personality Nature
- 2.6 Evaluation of Freud's Theory of Personality

3 Carl Rogers and Maslow's Theory of Personality

- 3.1 Carl Rogers
 - 3.1.1 The Basic Concepts of Carl Roger's Theory of Personality

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- 3.1.2 Points of personality theory
- 3.1.3 Non-Directive psychotherapy
- 3.1.4 Evaluation of Carl Roger's Theory of Personality
- 3.2 Abram Maslow
 - 3.2.1 The Basic Concepts of Maslow's Theory of Personality
 - 3.2.2 Characteristics of Self-Actualized person
 - 3.2.3 Evaluation of Maslow's Theory of Personality

4 Eysenck's Theory of Personality

- 4.1 The Basic Concepts of Eysenck's Theory of Personality
- 4.2 Eysenck's Theory of learning
- 4.3 Factor Analysis method
- 4.4 Evaluation of Eysenck's Theory of Personality

Reference Books

- 1. Hjelle L.A. and Zeigle D. J. (1991) "Personality Theories" : Basic Assumptions, Research and Application 2nd Edition, International Student Edition McGraw Hill International Book Co.
- 2. Hall C.S. and Lindzey G. (1978) "Theories of Personality" 3rd Edition New York, J. Wiley & Sons.
- 3. Dr. kusumben K. Bhatt, "VYAKTITVA NA SIDDHANTO" 2ND Edition 1996, University Granth Nirman Board, Ahmedabad.