

S.Y.B.A. (Home-Science)

Semester-IV

Family Resource Management (Core Compulsory CC 208)

➤ **Objectives :-**

1. To create an awareness among the students about the management at the family levels as well as at micro levels.
2. To recognize the importance of the use of resources to active family goals.
3. To recognize the importance of wise use of resources.
4. To develop competence in efficient use of time and energy.
5. To make the students aware of different techniques of work simplification.

➤ **Unit – 1**

Introduction of family resource management .

- Meaning and definition of family resource management.
- Purpose of family resource management.
- Roles, responsibilities and qualities of good home maker.

➤ **Unit – 2**

(A) Meaning and steps of management process

- A Planning, importance, techniques, types of plans .
- Controlling- the plan in action.
- Evaluation.

(B) Family budget as guide to good financial management

- Importance of budget.
- Steps involved in budget making.

➤ **Unit- 3**

(A)Time and energy management

- It's importance.
- Making time plans
- Wise use of leisure time.

(B)Energy as resources.

- It' Importance to the students and home maker.
- Types of fatigue, reasons and methods of avoiding fatigue.

➤ **Unit -4**

Work simplification and principals of body mechanics.

- Management process applied of energy.
- Storage and principals of good storage.

➤ **References**

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Management in family living